

guru

Salad bar
"Mano Guru"
Vilnius str. 20



VŠĮ Socialiniai Paramos Projektai
Project manager
Rasa Sutkutė



Salad bar 'Mano Guru'

First social enterprise in Lithuania
18 years experience working with socially
marginalized adults and youth
Foodtruck 'Mano Guru on wheels'
Catering breakfast for hotel 'Vilnia'



Partnership with UAB 'Kietaviškių Gausa'

We are happy to prepare our dishes with 'ugly'
vegetables from one of the biggest vegetable
growers in Lithuania



'Mano Guru' - more than food

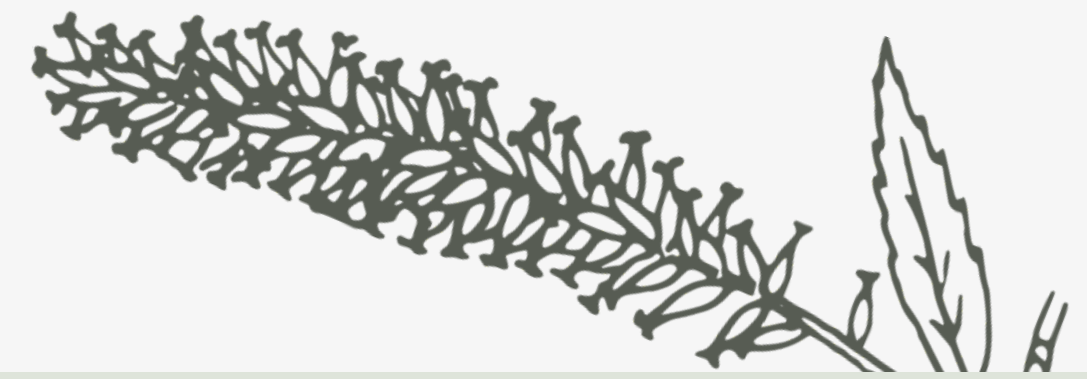
In 18 years, we have
provided social
reintegration programme
700 times.

We provide informal
training at the workplace,
social worker services,
psychologist consultations,
social skills training.



Projects about sustainability





Project 'Zero Waste Cuisine for Sustainable Future'

PROBLEM, ADDRESSED BY THE PROJECT

Restaurant sector produces big amounts of waste.

12% of food wasted in Europe comes from the restaurant sector.

Students of VET schools and centres do not receive training and knowledge on how to produce less food waste in the kitchen.



Co-funded by the
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Project results



ZERO WASTE IN COOKING MODULE

Optional module for VET students. The module includes topics of using all edible parts of produce, proper waste management, implementation of food preparation technologies.

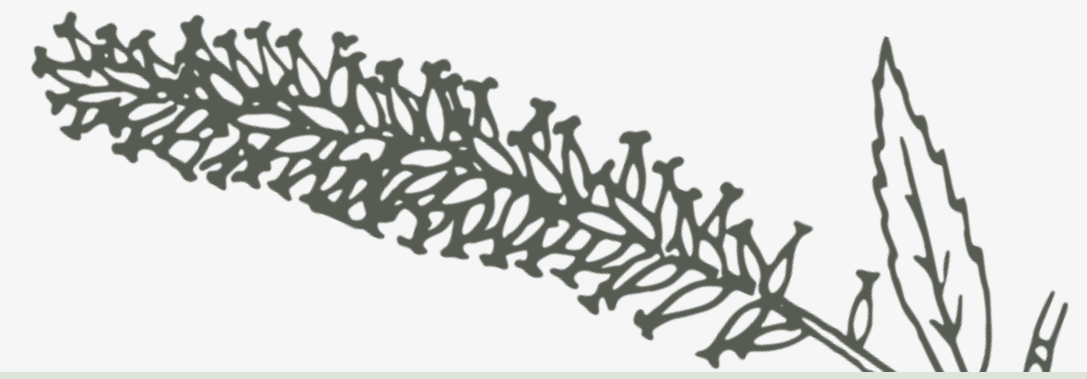


PRACTICAL TRAINING GUIDE

Recipe book, developed for practical training of the Zero waste in cooking module, including recipes from Lithuania, Austria, Italy and Portugal.



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Project 'EnviroVET'

PROBLEM, ADDRESSED BY THE PROJECT

VET institutions do not have one, unified tool for measuring their environmental sustainability efforts. There is lack of unified understanding of environmental sustainability in the VET sector by students and practitioners across Europe.



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Project results



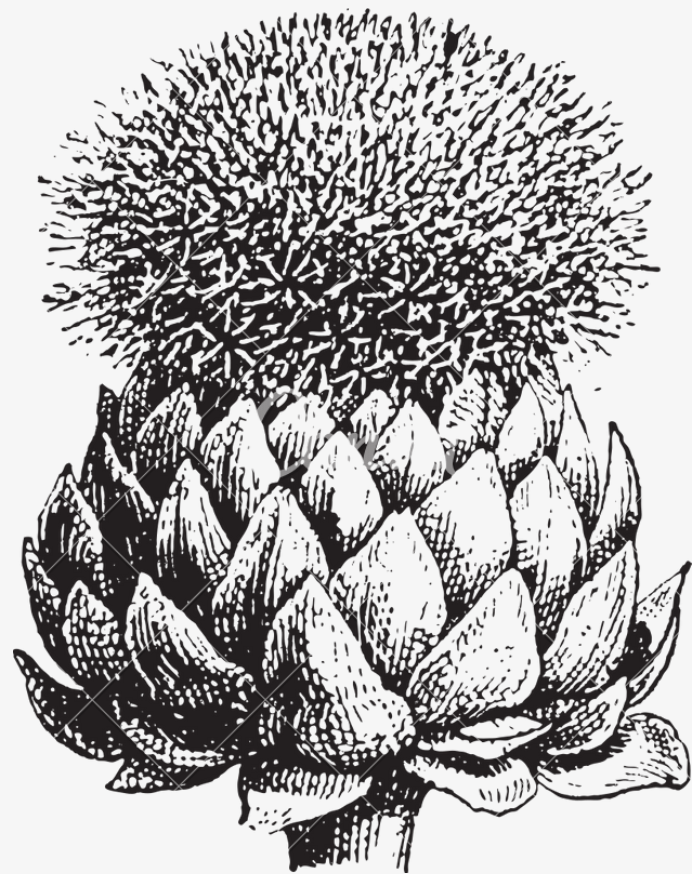
ENVIRO VET
PROMOTING SUSTAINABILITY IN VET

BEST PRACTICE TOOLKIT

A compilation of best practices, success stories, and case studies from VET institutions across Europe.

ENVIRONMENTAL IMPACT MEASUREMENT TOOL

Online evaluation tool, allowing users to compare and exchange best practices on environmentally friendly approaches in VET.



ENVIRONMENTAL CHARTER

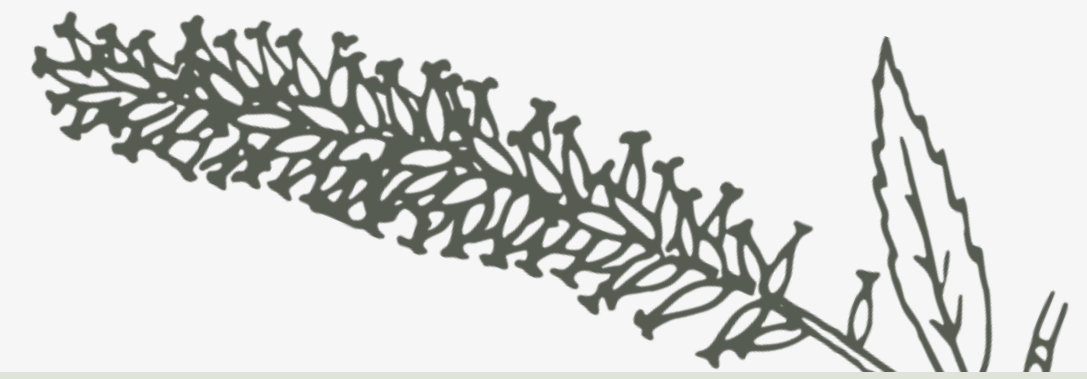
The Charter will set minimum requirements that VET institutions need to meet in order to consider themselves to be environmentally compliant.

FACILITATOR E-COURSE

30 hour e-course on green approach which will target professionals working in VET sector by equipping them with relevant skills and knowledge.



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Project 'Climate Bridge'

PROBLEM, ADDRESSED BY THE PROJECT

Teachers and adult educators lack high-quality, immersive and practice-oriented material for lessons focusing on European climate goals and SDGs.



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Basic green and circular skills that 'Mano Guru' focuses on

- Low waste work culture
- Low waste cooking
- Sustainable solutions in everyday operations (i.e., delivering lunch in chafing dishes)
- Sparing use of resources



LET'S KEEP IN
TOUCH!



FACEBOOK

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